



SUN MON TUE WED THU FRI SAT

<p>1 10:00am- Gospel Song Sing Along 10:30am- Virtual Church Service 1:30pm- Find The Objects 3:30pm- Social Hour</p>	<p>2 11:30am- Sword Fighting 1:30pm- Finish The Phrase 2:30pm- Hot Dinks & Hot Topics 4:00pm- Personal Visits</p>	<p>3 9:30am- Yoga 10:00am- Worship with Pastor Ted 11:45am- Sticky Toss 1:30pm- Performance by Bob Lacy</p>	<p>4 11:45am- Finish The Phrase 1:00pm- Quick Cardio 2:30pm- Hot Drinks & Hot Topics *Motherly Advice 4:30pm- Massages & Manicures 6:30pm- Memory!</p>	<p>5 9:30am- Yoga  11:00am- History of Cinco de Mayo Documentary 1:00pm- Waffle Block Building 3:30pm- Personal Visits</p>	<p>6 9:30am- Puzzles 11:30am- Passage Read 11:45am- Gospel Song Sing Along 1:30pm- Community Painting 2:00pm- Stretching 2:15pm- Massages & Manicures</p>	<p>7 10:00am- Bible Read! 11:00am- Babysitter Club 2:00pm- Flower Arranging & Birth Stories</p>
<p>8 10:00am- Memories of Mom  10:30am- Virtual Church Service 1:30pm- Social Hour 3:30pm- Paint a Portrait</p>	<p>9 9:30am- Sticky Toss 11:30am- Bible Read! 11:45am- Finish The Phrase 1:30pm- DIY Stick People 2:30pm- Hot Drinks & Hot Topics 3:30pm- Personal Visits</p>	<p>10 9:30am- Yoga 10:00am- Worship with Chaplain Jeff 11:30am- Balloon & Noodle 1:30pm- Puzzles 3:30pm- Personal Visits</p>	<p>11 11:45am- Babysitter Club 1:00pm- Stretching 2:30pm- Hot Drinks & Hot Topics 4:30pm- Massages & Manicures 6:30pm- Blast From The Past</p>	<p>12 9:30am- Yoga 11:00am- Paint a Flower Pot 11:45am- Sensory Bean Bags 1:30pm- Performance by Jim Quailes</p>	<p>13 9:30am- Finish The Lyric 11:30am- Quick Cardio 11:45am- Finish The Phrase 1:30pm- Community Painting 2:15pm- Massages & Manicures</p>	<p>14 3:00pm- Stringing 10:00am- Bible Read 11:30am- Music & Movement 2:00pm- Porch Time 3:30pm- Sticky Toss 6:30pm- Saturday Night Comedy Movie</p>
<p>15 10:00am- Virtual Church 11:00am- Finish The Lyric 12:15pm- Complete The Picture 1:30pm- Puzzles 7:00pm- Evening Movie</p>	<p>16 9:30am- Sensory Bean Bags 11:15am- Resident Council Meeting 2:30pm- Hot Drinks & Hot Topics 3:30pm- Personal Visits</p>	<p>17 9:30am- Yoga 11:30am- Sort Off! 1:30pm- Paint a Flower Pot 3:30pm- Personal Visits</p>	<p>18 11:45am- Spot The Difference 1:00pm- Yoga 2:30pm- Hot Drinks & Hot Topics 4:30pm- Massages & Manicures 6:30pm- Babysitter Club</p>	<p>19 3:30pm- Personal Visits 9:30am- Yoga 11:30am- Gospel Song Sing Along 11:45am- Find The Objects 1:30pm- Porch Time 3:30pm- Personal Visits Happy Birthday Nudge</p>	<p>20 9:30am- Quick Cardio 11:30am- Sticky Toss 11:45am- Finish The Lyric  1:30pm- Massages & Manicures 2:00pm- Music With Marvin 3:15pm- Birthday Celebration</p>	<p>21 10:00am- Gospel Song Sing Along 11:30am- Quick Cardio 2:00pm- Short Story Read 3:30pm- Weaving 6:30pm- Saturday Night Action Movie</p>
<p>22 10:00am- Virtual Church 11:00am- Stretching 1:30pm- Porch Time 3:00pm- Virtual Church *Second Service</p>	<p>23 9:30am- Shape It! 11:30am- Quick Cardio 1:30pm- Build a Flag 2:30pm- Hot Drinks & Hot Topics 3:30pm- Personal Visits</p>	<p>24 9:30am- DIY Straw Flag 10:00am- Worship with Chaplain Jeff 11:00am- Sword Fighting 1:45pm- Music & Movement 3:30pm- Personal Visits</p>	<p>25 11:45am- Yoga 1:00pm- Straw Fireworks 2:30pm- Hot Drinks & Hot Topics 4:30pm- Massages & Manicures 6:30pm- Babysitter Club</p>	<p>26 9:30am- Paper Plate Flags 11:00am- Porch Time 1:30pm- Short Story Read 3:30pm- Personal Visits</p>	<p>27 9:30am- Stretching 11:30am- Finish The Phrase 1:00pm- Community Painting 2:15pm- Massages & Manicures</p>	<p>28 10:00am- Bible Read! 11:00am- Build a Band 2:00pm- Gardening 3:00pm- Babysitter Club</p>

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10:00am- Virtual Church
11:00am- Waffle Block Building
1:30pm- Quick Cardio
3:00pm- Puzzles
4:00PM- Babysitter Club

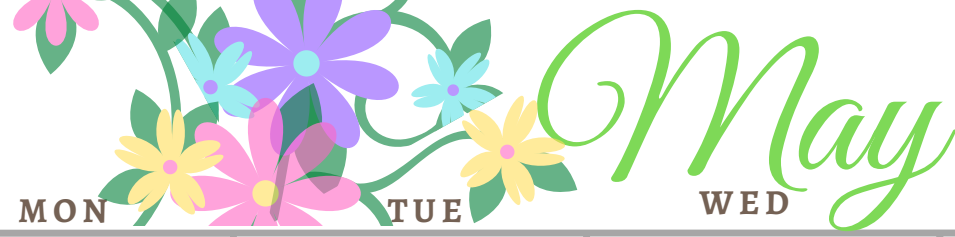
30
9:30am- Yoga 
11:30am- Blast From The Past
1:30pm- Memorial Day Documentary
2:30pm- Hot Drinks & Hot Topics
3:30pm- Porch Time

31
9:30am- Yoga
11:30am- Spot The Difference
1:30pm- Sensory Bean Bags
3:30pm- Personal Visits

Happy Global Employee Health and Fitness Month!



Join the competition!
Details are posted in both Medical Rooms



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1 10:00am- Virtual Church Service 11:00am- Seated Cardio 1:30pm- Porch Time 3:30pm- Mid Day Movie	2 1:00pm- Gardening 2:30pm- Hot Dinks & Hot Topics 3:30pm- Personal Visits 4:30pm- Craft Freestyle	3 10:00am- Worship with Pastor Ted 11:25am- Chair Yoga 1:30pm- Performance by Bob Lacy 3:00pm- Speed Bingo	4 1:30pm- Seated Cardio 2:30pm- Hot Drinks & Hot Topics * <i>Motherly Advice</i> 3:30pm- Massages & Manicures 6:15pm- Bible Study	5 10:30am- Chair Yoga 11:15am- Build a Sombrero 12:30pm- Finish The Phrase 1:30pm- Bingo! 3:00pm- Mini Tacos & Tequila-less Sunrises	6 10:30am- Seated Cardio 11:00am- Passage Read 12:30pm- Hangman 3:00pm- Flower Arranging	7 9:30am- Bible Read! 11:00am- Craft Freestyle & Crosswords 2:00pm- Porch Time 3:00pm- Poetry Slams
8 10:00am- Virtual Church Service 11:00am- Memories of Mom 1:30pm- Beginner Weaving 3:30pm- Paint a Portrait 4:00pm- Mother's Tea and Soft Conversations	9 10:30am- Chair Yoga 11:00am- Crosswords & Word Searches 12:30pm- Hangman 2:30pm- Hot Drinks & Hot Topics	10 10:00am- Worship with Chaplain Jeff 11:00am- Seated Cardio 2:00pm- Bingo! 3:15pm- Porch Time	11 1:30pm- Stretching 1:45pm- DIY Sensory Bean Bags 2:30pm- Hot Drinks & Hot Topics 3:30pm- Massages & Manicures 6:15pm- Bible Study	12 10:30am- Chair Yoga 11:15am- Paint & Pass 12:30pm- Finish The Phrase 1:30pm- Performance by Jim Quales 2:30pm- Bingo!	13 10:30am- Seated Cardio 11:00am- Passage Read 12:30pm- Finish The Phrase 3:00pm- Flower Arranging 3:30pm- Porch Time	14 9:30am- Bible Read! 11:00am- Brain Games 3:00pm- Porch Time 4:00pm- Paint a Portait 6:30pm- Saturday Night Action Movie
15 10:00am- Virtual Church Service 11:00am- Chair Yoga 1:30pm- Let's Explore a New Place 3:30pm- Porch Time	16 10:30am- Chair Yoga 12:30pm- Hangman 1:30pm- Resident Council Meeting 2:30pm- Hot Drinks & Hot Topics	17 9:00am- Passage Read 10:30am- Seated Cardio 12:30pm- Guess The Object 2:00pm- Bingo! 3:15pm- Porch Time	18 12:30pm- Hangman 1:30pm- Chair Yoga 2:30pm- Hot Drinks & Hot Topics 3:30pm- Massages & Manicures 6:15pm- Bible Study	19 10:30am- Passage Read 10:45am- Design a Room 12:00pm- Keep The Pattern 12:30pm- Guess The Object 2:15pm- Bingo Happy Birthday Nudge	20 10:30am- Chair Yoga 1:00pm- Flower Arranging 2:00pm- Music With Marvin 3:15pm- Birthday Celebration	21 10:30am- Massages & Manicures 12:30pm- Finish The Phrase 2:30pm- Brain Games 4:30pm- Mini Golf 6:30pm- Saturday Night Karaoke & Mocktails
22 10:00am- Virtual Church 11:30am- Seated Cardio 12:15pm- Prayer Circle 2:30pm- Porch Time 3:30pm- Craft Freestyle	23 10:30am- Chair Yoga 11:00am- Blast From The Past 1:00pm- Activity Survey 2:30pm- Hot Drinks & Hot Topics 3:30pm- Brain Games	24 9:00am- Bible Read! 10:00am- Worship with Chaplain Jeff 11:30am- DIY Straw Flag 2:00pm- Bingo!	25 12:30pm- Guess The Object 1:30pm- Chain Link Flag Craft 2:30pm- Hot Drinks & Hot Topics 3:30pm- Massages & Manicures 6:15pm- Bible Study	26 9:00am- Passage Read 10:30am- Seated Cardio 12:30pm- Hangman 2:00pm- Bingo! 3:15pm- Porch Time	27 10:30am- Stretching 10:40am- DIY Patriotic Pretzels 1:30pm- Flower Arranging 3:15pm- Personal Visits	28 10:30am- Bible Read! 11:30am- Prayer Circle 3:00pm- Porch Time 3:30pm- Short Story Read

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